

Programme Of The Day

Registration

08:00 - 09:00

Welcome To Mama Club

09:00 - 09:15

Boundaries & Babies

09:15 - 09:45

Car Seat Safety

09:45 - 10:15

Parent Sense Intro

10:15 - 10:30

Giveaways

10:30 - 10:45

Bathroom Break

10:45 - 11:00

Introduction To Solids

11:00 - 11:30

Baby Milestones

11:30 - 12:00

Securing Your Child's Future

12:00 - 12:15

Giveaways

12:15 - 12:30

★★ LUNCH ★★

12:30 - 13:45

Giveaways

13:45 - 14:00

Postnatal Depression

14:00 - 14:30

Sex After Birth

14:30 - 15:00

Final Giveaways

15:00 - 15:30