

REGISTER  
IN-STORE OR  
ONLINE TODAY!  
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# You've got this! Now have you got these?

Use this handy checklist to make sure you're super-prepared  
for the start of this wonderful chapter!

## Hospital Bag

### Baby's Bag

- 4 Babygrows
- 4 Vests
- 2 Jerseys
- 1 Receiving blanket
- Disposable nappies
- Clothes to take baby home in

### Mom's Bag

- Day clothes
- 3 Nursing bras
- Breast pads
- Dressing gown
- Slippers
- Hairbrush

- Earphones
- Toiletry bag & make-up
- 2 Towels
- Tissues
- 2 Packs of maternity pads
- Cellphone charger & adapter
- 2-3 Cotton button-down sleepshirts

## Registry Checklist

### Hospital Bag Essentials

- Maternity pads
- Baby blanket
- Baby clothes
- Breast pads
- Nursing bras
- Nappies & wipes
- Disposable underwear

### Clothing

- Body vests
- Short sleeve bodysuit
- Long sleeve bodysuit
- Outer layers
- Hats / Beanies
- Socks, mittens & booties
- Sleepsuits

### Changing

- Changing table
- Nappies
- Wipes
- Bum cream
- Nappy bag
- Nappy bin & liners

### Baby Gear

- Baby carrier, sling or wrap
- Travel system
- Stroller
- Car seat
- Camp cot / Play yard

### Safety

- Safety gates
- Electrical outlet covers
- Cupboard & drawer latches
- Corner protectors
- Toilet seat locks

### Breastfeeding / Bottle Feeding

- Nursing / Feeding pillow
- Breastfeeding wrap / cover
- Breastfeeding supplies (breast pads; nipple cream)
- Breast pump (if pumping)
- Pumping supplies (storage ; cooler bags)
- Microwave sterilizers
- Burp cloths
- Bottles
- Bottle cleanser
- Bottle brushes
- Formula (if formula feeding)
- Formula container
- Bottle-drying rack
- Dishwasher basket
- Bottle warmer

### Feeding

- Highchair
- Bowls
- Baby spoons
- Sippy cups
- Bibs

### Baby Soothers, Toys & Entertainment

- Pacifiers
- Bouncy seat
- Play mat / gym
- Infant swing
- Doorway jumper
- Activity centre
- Toys
- Books

### Bathing

- Baby bath tub
- Bath stand
- Bath toys
- Hooded towels
- Washcloths
- Baby shampoo
- Baby body wash
- Baby lotion
- Baby powder

### Sleeping / Nursery

- Cot
- Cot mattress & sheets
- Waterproof sheets
- Cot bumpers
- Blankets / Swaddles
- Bassinet / Cradle
- Rocker / Glider
- Night light
- Cot mobile
- Monitor - audio, video or movement

### Medical

- First-aid kit
- Bulb syringe
- Nasal aspirator
- Digital thermometer
- Baby grooming set
- Baby nail clippers
- Teething toys
- Baby-friendly laundry detergent

